# **Medical Information**

8<sup>th</sup> U.S. Army Wightman Noncommissioned Officer's Academy Primary Leadership Development Course

### **ENROLLMENT INFORMATION:**

**Temporary Profiles:** Current policy states that soldiers with temporary profiles are not allow to enrolled in the school except for the shaving profile.

**Permanent Profile P-2:** Soldiers with a permanent designator of "2" in the physical profile must include a copy of DA Form 3349, as part of the course application. They will be eligible to attend and train within the limits of the profile provided they can meet course graduation requirements. (For a copy of the Course Graduation Requirements, scroll down to ANNEX A of this information sheet)

**Permanent Profile P-3, P-4**: Soldiers with a permanent designator of "3" or "4" in the physical profile must include a copy of DA Form 3349 and the results of their Military Medical Review Board as part of the course application. Soldiers who have been before a MMRB and awarded medical limitations are eligible to attend and train within the limits of their profile provided they **can meet course graduation requirements.** Soldiers who have not been medically screened and classified with appropriate limitations will be denied enrollment.

The APFT and soldiers with permanent profiles: A record APFT for students with permanent profiles must include an aerobic event. Soldiers whose permanent profile prohibits an aerobic event will be returned to their units without being enrolled. Passing the APFT at PLDC is a graduation requirement.

**Pregnant Soldiers:** Will be denied enrollment into Army Institutional Training courses if attending physician, after reviewing the course training requirements, determines that in order to meet course graduation requirements it would be harmful to the soldier's pregnancy. Pregnant soldiers must provide a copy of the attending physician's determination as part of the course application. If a physician determines that a soldier is pregnant during the course, the physician must make a determination if continuing the course would be harmful to the pregnant soldier. A copy of the physician's determination will be provided to the school commandant to decide whether the soldier will be denied/continued enrollment or medically dismissed from the course. A soldier medically dismissed for pregnancy after enrollment will be eligible to return to the course when the condition that led to the medical dismissal no longer exists.

**Immunizations:** Units must ensure that soldiers are current on immunizations prior to attending PLDC. There are no provisions currently in place to provide PLDC students with required immunizations. If soldier will be required to have an anthrax immunization or booster, it must be done prior to enrollment. Likewise, PPD (tuberculin skin test) is required within 30 days of PCS from Korea. If student falls within that 30-day window while at PLDC, then student will make arrangements to take the PPD following graduation. Students will not be released from training for routine immunizations.

**Eyeglasses:** Students requiring corrective lenses must have a set of military prescription eyeglasses and protective mask inserts. Students will be transported to an optometrist under emergency conditions only.

**Prescriptions:** Students who are prescribed medication by a physician, must have in their possession enough medication to last until required treatment is complete or to last through the end of the course (at least 30 day supply), whichever is sooner. No provisions will be made to release a student from training to refill routine prescriptions incurred prior to enrollment.

## **Medical Service Information:**

**Camp Jackson Facilities:** Camp Jackson has a small aid station staffed by 5 medical personnel to include a physician. The aid station is capable of handling basic outpatient needs and providing limited medical treatment supplies to injured/ill soldiers. Patients requiring level 2 or emergency treatment will be transported to the Urgent Care Clinic at Camp Red Cloud. (Camp Jackson medical personnel provide transportation for PLDC students).

#### What we can do:

- Provide immediate first aid and life saving measures for illness or injury to all personnel on Camp Jackson 7 days per week, 24 hours per day
- Perform daily sick call operations for routine cases of illness/injury
- Provide medical support for all training events
- Administer intravenous fluids
- Issue basic medical supplies and medicine to injured/ill soldiers
- Transport patients to the Urgent Care Clinic
- Transport patients to the Dental Clinic
- Transport patients to pharmacy to fill a prescription issued by our physician
- Provide immunizations for permanent party/cadre members only

#### What we can't do:

- Provide in-patient care
- Routine immunizations for PLDC students
- Refill prescriptions incurred prior to enrollment
- X-Rays
- Dental Care

**Sick Call:** Sick Call for PLDC students begins at 0530 daily at the Aid Station. Medical personnel are either on duty or on call 24 hrs per day at Camp Jackson.

**Dental Services:** Soldiers requiring dental treatment or care will be transported to the Dental Clinic at Camp Red Cloud.

## <u>Administrative Policies (medical related):</u>

**Profiles received after enrollment:** Students receiving temporary or permanent profiles after enrollment are evaluated by the Commandant on a case-by-case basis to determine whether or not the student will continue the course (able to meet course graduation requirements).

**Missing Required Training:** Students requiring excessive amounts of time for medical treatment will be considered for administrative dismissal after missing 4 or more hours of classroom or field training. The Commandant decides to release a student based on whether or not training missed was essential to completing graduation requirements. Administrative dismissals do not reflect unfavorably upon the soldier and the soldier may return to the course for reenrollment as soon as the condition for dismissal no longer exists and/or the chain of command feels that the soldier is ready to continue with training.

**Military Medical Review Board (MMRB):** For more information concerning MMRB's, scroll down to ANNEX B of this information sheet.

### References:

- U.S. Army Sergeants Major Academy Course Management Plan (PLDC) dated June 01 w/change 1
- U.S. Army Sergeant Major Academy (PLDC) Program of Instruction dated June 2001

AR 351-1 Individual Military Education and Training dated October 1987

TRADOC Regulation 351-17 Noncommissioned Officer Training in TRADOC

- Noncommissioned Officer Academies (NCOA) dated October 1990
- TRADOC Regulation 351-18 Total Army School System (TASS) dated March 1999
- Message, ODCSOPS (DAMO-TR), DTG 292039Z Jan 2000, Policy Change to Institutional Army Physical Fitness Testing
- Message, ODCSOPS (DAMO-TR), DTG 081650Z Mar 1995, Subject: APFT Height and Weight Requirements
- Message, ALARACT 011/00 DTG 191641Z Jan 00, Subject MOS/Medical Retention Boards
- EIGHTH ARMY Wightman NCO Academy Student Guide, dated April 2002
- EIGHTH ARMY Wightman NCO Academy Cadre Guide and Standing Operating Procedures (SOP) dated April 2002

## **ANNEX A: Course Graduation Requirements**

Requirement	Remarks:
Written Exam 1	Classroom environment, open book
Written Exam 2	Classroom environment, open book
Map Reading Exam	Classroom environment, open book
Drill and Ceremony Evaluation	Physically demonstrate the ability to march a squad using a series of commands, and participate while others lead
Individual Training Session	Demonstrate and lead a squad through CTT training, planned and prepared by the student, under field conditions with Kevlar helmet, LCE, mask, weapon, camouflage
APFT	Pass APFT, must include an aerobic event
Physical Fitness Evaluation	Demonstrate and lead a squad through a 50-minute PT session IAW FM 21-20
Land Navigation Course	Demonstrate the ability to locate 3 of 4 stakes, under field conditions with LCE
Garrison Leadership Evaluation	Demonstrate appropriate leadership for a squad during garrison activities, performing 20 of 28 performance measures on the Demonstrated Leadership Performance Evaluation Test Sheet
Field Leadership Evaluation	Same as above, except leadership will be evaluated during the FTX under field conditions
Field Training Exercise	Fully participate in the 4-day FTX wearing the warfighting uniform, to include Kevlar helmet and load carrying equipment (LCE), weapon and carrying all equipment necessary for mission accomplishment

## **ANNEX B: MMRB Information:**

SUBJECT: MOS/MEDICAL RETENTION BOARDS

- 1. THIS ALARACT MESSAGE WILL EXPIRE UPON REVISION OF AR 600-60.
- 2. THE PURPOSE OF THIS MESSAGE IS TO PROVIDE CLARIFICATION OF GUIDANCE CONTAINED IN AR 600-60 TO MMRBS AND COMMANDERS WHEN A SOLDIER'S PERMANENT PROFILE CONTAINS LIMITATIONS THAT PREVENT THE SOLDIER FROM PERFORMING CERTAIN BASIC SOLDIER SKILLS.
- 3. CONCERNS HAVE BEEN RAISED THAT MMRBS MAY BE RETAINING SOLDIERS WITH PROFILE RESTRICTIONS INCOMPATIBLE WITH PERFORMING MILITARY DUTIES WORLDWIDE IN A FIELD ENVIRONMENT. CASES IN POINT ARE SOLDIERS WHO, LAST YEAR LOST CONDITIONAL PROMOTIONS BECAUSE THEIR PROFILE LIMITATIONS PRECLUDED COMMON SOLDIER TASKS REQUIRED FOR COMPLETION OF NCOES COURSES.
- 4. MMRB CONVENING AUTHORITIES AND COMMANDERS ARE REMINDED THAT IAW AR 600-60, MMRBS SERVE AS AN ADMINISTRATIVE SCREENING BOARD TO MAKE A DETERMINATION WHETHER A SOLDIER CAN PERFORM PMOS DUTIES WORLDWIDE UNDER FIELD CONDITIONS. IAW PARA 2-1B THIS INCLUDES THE CAPABILITY OF PERFORMING BASIC PHYSICAL TASKS IAW STP 21-2. MMRBS SHOULD ALSO CONSIDER THE PHYSICAL TASKS REQUIRED FOR ADVANCED SCHOOLING IF APPLICABLE (E.G., NCOES).
- 5. A RECOMMENDATION BY THE MMRB FOR RETURN TO DUTY OR RECLASSIFICATION SHOULD ONLY BE MADE IF THE SOLDIER'S PROFILE DOES NOT PROHIBIT PARTICIPATION IN AT LEAST AN ALTERNATE AEROBIC EVENT FOR THE APFT; FIRING A WEAPON; WEARING OF KEVLAR; LOAD BEARING EQUIPMENT; AND WEARING A PROTECTIVE MASK. IF THE SOLDIER CANNOT PERFORM THOSE BASIC TASKS, HE/SHE SHOULD BE REFERRED INTO THE DISABILITY SYSTEM.
- 6. TO AVOID UNNECESSARY MMRBS, COMMANDERS SHOULD QUESTION PROFILES THAT THEY FEEL ARE OVERLY STRINGENT. IAW PARA 7-12 AR 40-501, IF A SOLDIER'S COMMANDER BELIEVES THE SOLDIER CANNOT PERFORM DUTY WITH THE PERMANENT PROFILE AS WRITTEN, THE COMMANDER WILL MAKE APPROPRIATE COMMENTS ON THE PROFILE FORM IN THE SECTION MARKED "ACTION BY THE UNIT COMMANDER" AND REQUEST RECONSIDERATION OF THE PROFILE. RECONSIDERATION MUST BE ACCOMPLISHED BY THE APPROVING AUTHORITY WHO WILL EITHER AMEND THE PROFILE OR REVALIDATE THE PROFILE IF NECESSARY. PHYSICIANS WILL BE ADVISED UNDER SEPARATE MESSAGE FROM SURGEON GENERAL TO EVALUATE SOLDIERS AT THE TIME OF AWARDING PERMANENT 3/4 PROFILES TO DETERMINE IF THE SOLDIER MEETS THE MEDICAL RETENTION STANDARDS OF CHAPTER 3, AR 40-501. IF SOLDIER DOES NOT MEET RETENTION STANDARDS, REFERRAL TO A MEB/PEB IS MANDATORY.
- 7. IAW PARA 5-4C(7), AR 600-20, COMMANDERS ALSO HAVE THE RIGHT TO REFER A SOLDIER TO A MEDICAL TREATMENT FACILITY FOR A FITNESS FOR DUTY EXAMINATION IF NECESSARY.
- 8. COMMANDERS AND MMRBS ARE REMINDED THAT THE MMRB PROCESS AND

RECLASSIFICATION ALLOWS SOLDIERS THE OPPORTUNITY TO RETURN TO DUTY OR BE RECLASSIFIED IF APPROPRIATE. HOWEVER, RECOMMENDATIONS TO RETAIN OR RECLASSIFY SOLDIERS WHOSE MEDICAL IMPAIRMENT PREVENTS ADVANCEMENT AND NCO PROFESSIONAL DEVELOPMENT IS NEITHER FAIR TO THE SOLDIER NOR SUPPORTS ARMY READINESS. IN THOSE CASES, THE FINAL DECISION OF FITNESS FOR DUTY MUST BE MADE BY A PHYSICAL EVALUATION BOARD.

- 9. REQUEST WIDEST DISSEMINATION OF THIS MESSAGE TO ALL COMMANDERS AND MMRB CONVENING AUTHORITIES.
- 10. POINT OF CONTACT IN ODCSPER IS MSG SAMPSON, DSN 225-1541.